



Wireless Safety

Sources

Solutions



Baby Monitor

- Turn off
- Move far away from child



Wi-Fi Router

- Replace with wired Ethernet
- Turn on only when needed
- Turn off at night



Cordless Phone

- Replace with corded phone
- Turn off main base station at night (unplug or timer)



Cell Phone

- Turn Off
- Use airplane mode
- Carry and use away from body and head



Laptop

- Use Ethernet cable and turn off Wi-Fi and Bluetooth
- Move off lap to table top



iPad/Tablet

- Use Ethernet cable and turn off Wi-Fi and Bluetooth
- Move off lap to table top



Smart Meter

- Opt-out, use analog meter
- Shield from wireless signal

● Safe

● Reduced Exposure



Wireless Health Effects

- Sperm Damage
- Insomnia
- Ringing in Ears
- Anxiety
- Headaches
- Attention Problems
- Memory Problems
- And more...

References

1. Wireless/RF: WHO Group 2B carcinogen (2011)
2. Bibliography of Reported Biological Phenomena ('Effects') and Clinical Manifestations Attributed to Microwave and Radio-Frequency Radiation - US Navy (1972)
3. Pall, Martin L. "Microwave frequency electromagnetic fields (EMFs) produce widespread neuropsychiatric effects including depression." *Journal of chemical neuroanatomy* (2015).
4. Sepehrimanesh, Masood, and Devra Lee Davis. "Proteomic impacts of electromagnetic fields on the male reproductive system." *Comparative Clinical Pathology* (2016): 1-5.
5. Overpowered: The Dangers of Electromagnetic Radiation (EMF) and What You Can Do about It, Martin Blank, Ph.D (2014)

For more details:

clearlightventures.com/wirelesscard

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